



EMPOWERING, TRANSFORMING
& SAVING LIVES.

www.MikeArteaga.com

December 2020

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM							Erica (30 min)
9:30 AM	Cathy (30 min)	Michelle (30 min)	Jean (30 min)			Jodi (30 min)	
10:00 AM							
10:30 AM						Brenda D. (45 min)	
11:00 AM							
11:30 AM		Taura (45 min)			Brenda H. (45 min)		
12:00 PM							Taura (45 min)
12:30 PM							
4:00 PM							
4:30 PM	Erica (30 min)	Travis (30 min)	Liz (30 min)				
5:00 PM							
5:30 PM	Bernadette (30 min) Michelle (30 min)	Becky (30 min)	Travis (30 min)				

Club Hours

Monday - Friday : 7 AM - 7 PM
Saturday & Sunday: 8 AM - 1 PM

Pool Hours

Monday - Friday: 7:30 AM - 6:30 PM
Saturday & Sunday: 8:30 AM - 12:30 PM
Pool is by appointment only